



COUNSELLING :

As a part of nurturing the healthy environment among the students, both physical and psychological, the college is emphasizing regular counselling among students. Regular counselling can be carried out by all the faculties in the college. All counselling is geared to relieve distress and to help people understand why they think, feel, and behave in the way they do. The counselling for the students is done in two ways, individual and group counselling.

Individual counselling:

It is a personal opportunity to receive support and experience growth during challenging times in life especially in student period. This can help the student to deal with many personal topics in life such as anger, anxiety, relationship challenges, parenting problems, college difficulties, career changes etc..

Individual counselling is a process through which students get one-to-one with trained and skilled faculty in a safe and confidential environment. It allows

- To explore their own feelings
- Behaviour
- Increased conflict resolution abilities
- Identify aspects of their lives that they would like to change
- Better understanding of themselves and others
- Management of emotions, including anger
- Improved decision-making skills
- Increased self-esteem and self-acceptance
- Improved confidence, interpersonal, problem-solving and communication skills

Group counselling:

Group counselling allows students to talk freely and create the opportunity for meaningful change or increased self-acceptance. Group counselling deals with

- Anger management issues
- Anxiety, depression
- Other life struggles
- Better realization of that particular situation and understanding them to behave normally in that situation

After the session feedback is taken and suggestions can be given accordingly and made quite effective in motivating change and validating feelings.

SAFETY AND SECURITY:

Our college provides a safe and secured environment to the students, teaching and non-teaching faculty and extremely alert to matters pertaining to any kind of harassment. High security system is implemented in the campus by allotting three shifts for the securities by security agency. Separate wardens are allotted for nursing hostel to take care of the students. CCTV cameras are fitted in all the classrooms, labs, corridors in the college campus. Fire extinguishers at appropriate places are attached to find out the fire incidences. First aid boxes are maintained and utilized whenever it is necessary. Our college has a sick room for the students to take rest when they are sick. 24 hours ambulance services are provided for the students in case of emergency. Anti-ragging committee is made for students' safety and security. Counselling is done for the students and parents regarding the ragging issues. Ramp is constructed for the student safety. There is a provision of staircases with side rails.

COMMON ROOM :

A common room is a spacious room in campus provided for the students, days collar, parents and visitors. It has facilities of benches, chairs, water supply and electricity and is useful for sports activity. Students used to relax in the common room.


PRINCIPAL

Principal
Sri Venkateswara College of Nursing
R.V.S. Nagar, Tirupathi Road,
Chittoor - 517 127.