

**performance of the Institution in one area distinctive to its priority and thrust**

**Holistic Nursing practice towards the wellness of society**

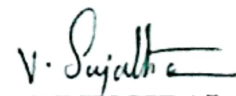
Sri Venkateswara College of Nursing caters to the needs of society especially to changing trends on the occurrence of communicable and non-communicable diseases. It aims in health promotion, disease prevention and to create health awareness by implementing risk reduction strategies as primordial prevention, health promotion and wellness. It is a cost effective measure and reduces health care expenditure.

Holistic nursing practice is a comprehensive approach that emphasizes “healing the whole person”. The holistic nursing practice encompasses the patient’s biological, social, psychological and spiritual aspects of care. Sri Venkateswara College of Nursing distinctively practices Holistic nursing which includes health education as primordial prevention to promote health and wellness. Nutrition classes are being conducted to emphasize on diet like Lemon juice, Citric juices, Tender coconut, vegetable soup, Butter Milk, Salads, Boiled steamed vegetables, sprouts, vegetable chutney etc., Patient’s are given the education to include these types of diets in their menu to promote wellness and immunity. Yoga is our traditional practice which is rejuvenated and practised by the students regularly to promote wellbeing. They educate the public during Community Health Nursing practice in villages and schools around the institution to promote health and wellbeing. Well baby clinic for the total wellbeing of every child is conducted regularly, to promote the wellness of the baby. Thus holistic nursing practice caters to the felt needs of society and helps them to achieve wellness. Students of our college are encouraged to work as frontline warriors during the COVID-19 pandemic, to take care of asymptomatic and symptomatic patients and to reach the unreached people in the community. Health education programmes are regularly conducted in villages around the institution to create awareness among the public to prevent illness and promote health.



### Vocational Preparation Programme (Career guidance for Outgoing students)

Due to the stiff competition during placement interviews, students have to perform well both in technical and personal interviews. Apart from the subject knowledge acquired through the regular curriculum, students should also exhibit soft skills and other skills during campus interviews and also during their career. Career guidance is regularly arranged by the institution towards the end of each session for a week or more for the outgoing students. Career guidance for the outgoing students is regularly arranged to enhance: employability by future employer team work skills, IPR skills Etiquette and grooming skills critical thinking and problem solving skills reporting, documentation and communication skills personality traits, self discipline, leadership skill skill match between the future job requirements and the knowledge possessed by the student Main topics selected for the Finishing school includes: Grooming , Stress management Soft skill Spoken English Preparation for interview/Interview technique Work culture Legal aspects in health care settings. Faculties who have undergone trainings and attended workshops within that year are given opportunities to share their experiences which is then benefitted by all. Different topics related to the felt needs of the Staffs are also addressed by experts on different fields who participate as resource persons in these workshops


**PRINCIPAL**

Principal

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